



ELOTE STREET CORN SALAD

Yield: 4 Servings

Ingredients

- 5 oz.
- 3 teaspoons
- 3 teaspoons
- 2 teaspoons
- ½ teaspoon
- 1 tablespoon
- ⅓ teaspoon
- 3 teaspoons
- 2 tablespoons
- ⅓ teaspoon
- ⅓ teaspoon
- Frozen Corn
- Green Peppers, diced
- Mayonnaise
- Lime Juice
- Chives, chopped
- Queso Fresco Cheese
- Paprika
- Cilantro, chopped
- Canola Oil
- Salt
- Black Pepper

Procedures

1. Toss corn, oil, salt and pepper together to coat. Pour the corn onto a sheet pan and spread evenly.
2. Roast the corn for 10-15 minutes or until golden brown. Set aside.
3. Combine remaining ingredients.
4. Add roasted corn and mix

Nutrition Facts

Serving size 1.75 oz. (51 g)

Amount per serving
Calories 140

% Daily Value*

Total Fat 10g 15%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 4mg 0%

Sodium 287mg 10%

Total Carbohydrate 11g 4%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 2g

Vitamin D 0mcg 0%

Calcium 33mg 2%

Iron 0mg 0%

Potassium 127mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.