



CITRUS CABBAGE SLAW

Yield: 4 Servings

Ingredients

- 1 cup Napa cabbage, shredded
- 2 2/3 tablespoons Grated Matchstick Carrots
- 2 teaspoons Lemon Juice
- 2 teaspoons Orange Juice
- 1 teaspoon Dijon Mustard
- 1 teaspoon Fresh Basil, minced
- 3 teaspoons Canola Oil
- 1/8 teaspoon Salt
- 1/8 teaspoon Black Pepper

Procedures

1. In a large bowl, add lemon juice, orange juice, mustard, basil and oil.
2. Using a wire whisk, blend ingredients then add cabbage, carrots, salt and pepper.
3. Mix thoroughly to combine the ingredients and enjoy.

Nutrition Facts

Serving size 1 oz. (28 g)

Amount per serving
Calories 40

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 58mg 2%

Total Carbohydrate 2g 0%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0mcg 0%

Calcium 9mg 0%

Iron 0mg 0%

Potassium 47mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.